

APPENDIX 13: DEMAND FOR HEALTH AND FITNESS 2021

Demand Assessment Table - Health and Fitness Facilities (Melton Borough)

2016 Source: ONS 2014 sub national population projections

Calculation used to calculate demand

Total population 15+
 Number of potential members/users of health and fitness clubs
 2 above shown as % of total adult population 1. above
 Average user attends 1.5 times per week or six times per month number of visits per week
 Number of visits per week in peak times = 65% of total number of visits
 Number of visits in one hour of peak time = total visits during peak time /34

2021
42,400

2021
12.1%
5,130

2021
7,696
5,002.14
147

2016 demand for Health and Fitness Facilities 147 **Current Supply** 117 **Current Surplus / Deficit** -30 Surplus

The model is based on the premise that for the supply to be sufficient, it must be large enough to cater for the maximum demand at any one time. Maximum demand is described as the demand during a peak hour session

Penetration of fitness users is defined using the FIA 2012 Parameters

The average health and fitness session is one hour
 65% of use is during peak times

Site Name	Post Code	Facility Type	Number	Access Type	Ownership Type	Management Type	Year Built	Year Refurbished
BELVOIR HIGH SCHOOL	NG13 0AX	Health and Fitness Suite	10	Private Use	Academies	School/College/University (i	2009	n/a
BODYWORX	LE13 1NL	Health and Fitness Suite	30	Registered Mem	Commercial	Commercial Management	2015	n/a
BROOKSBY MELTON COLLEGE	LE14 2LJ	Health and Fitness Suite	16	Pay and Play	Community school	School/College/University	n/a	n/a
GOODLIFE	LE13 1ND	Health and Fitness Suite	45	Registered Mem	Commercial	Commercial Management	2000	2008
MELTON SPORTS VILLAGE	LE13 1DR	Health and Fitness Suite	42	Pay and Play	Local Authority	Commercial Management	1997	2015
RAGDALE HALL HEALTH HYDRO AND THERMAL SPA	LE14 3PB	Health and Fitness Suite	28	Registered Mem	Commercial	Commercial Management	1990	2007
STAPLEFORD LIFESTYLE CLUB	LE14 2EF	Health and Fitness Suite	36	Registered Mem	Commercial	Commercial Management	2003	n/a
THE GRANGE THERAPEUTIC SCHOOL	LE15 8LY	Health and Fitness Suite	4	Private Use	Independent School approv	Commercial Management	2010	2011
WATERFIELD LEISURE CENTRE	LE13 0BG	Health and Fitness Suite	75	Pay and Play	Local Authority	Commercial Management	1998	2014

286

Year Refurbished
n/a
n/a
n/a
n/a
2006
2006
n/a
n/a
2010
2014
2014